AFTER SUICIDE: RESOURCES FOR SURVIVORS

Below is a list of titles available from New Hampshire Libraries. List prepared by Family Resource Connection (FRC) of the NH State Library. For more information, or if you wish to borrow* any of these materials – Call FRC (NH only) at 1-800-298-4321 or Email: FRC@library.state.nh.us.

“We’re HERE to HELP”


Adolescent suicide: assessment and intervention.

After a suicide: young people speak up.

After suicide: living with the questions.

After suicide loss: coping with your grief.

After suicide: a ray of hope for those left behind.

After the death of Anna Gonzales.

Aftershock: help, hope, and healing in the wake of suicide.

Andy, why did you have to go?: A mother's intimate reflections on the life and suicide of a son.

Autopsy of a suicidal mind.

Best practices in school crisis prevention and intervention.


Breaking the thread of life: on rational suicide.

But I didn't say goodbye: for parents and professionals helping child suicide survivors.
But what if she wants to die: A husband's diary.

By her own hand: memoirs of a suicide's daughter.

Choosing to live: how to defeat suicide through cognitive therapy.

Comprehensive textbook of suicidology.


Coping with teen suicide.

Coping with the death of a brother or sister.

A cry for help: how to help a friend who is depressed or suicidal.

Cry of pain: understanding suicide and self-harm.

Dying to be free: a healing guide for families after a suicide.
   Cobain, Bev. Center City, Minn.: Hazelden, c2006.

An empty chair: living in the wake of a sibling's suicide.
   Miller, Sara Swan. San Jose, Calif.: Writers Club Press, c2000.

The encyclopedia of suicide.

Everything you need to know about teen suicide.

Grieving a suicide: a loved one's search for comfort, answers& hope.
   Hsu, Albert Y. Downers Grove, Ill.: Inter Varsity Press, c2002.

The Harvard Medical School guide to suicide assessment and intervention.

Healing after the suicide of a loved one.

How I stayed alive when my brain was trying to kill me: one person's guide to suicide prevention.
“I'm glad to be alive ..” building solutions with a suicidal youth.

In the wake of suicide: stories of the people left behind.

Journey through the shadows hope for healing after someone you love has committed suicide [video recording].

Living when a young friend commits suicide, or even starts talking about it.

Living with grief after sudden loss: suicide, homicide, accident, heart attack, stroke.

Making sense of suicide: an in-depth look at why people kill themselves.

Managing sudden traumatic loss in the schools: New Jersey Adolescent Suicide Prevention Project (New Jersey State Department of Education ... [et al.]).

My son – my son –: a guide to healing after a suicide in the family.

Night falls fast: understanding suicide.

No time to say goodbye: surviving the suicide of a loved one.

One in thirteen: the silent epidemic of teen suicide.

One survivor's message, don't kill yourself [video recording].


Out of the darkness: teens and suicide.

Prayers for Bobby: a mother's coming to terms with the suicide of her gay son.

Preventing adolescent suicide Presented by the American Academy of Child and Adolescent Psychiatry, Devereux Children's Center, and ACE, America's Continuing Education Network.
Prevention of suicide: guidelines for the formulation and implementation of national strategies.

Real people identifying depression; preventing suicide.

Reducing suicide: a national imperative.

Remembering Garrett: one family's battle with a child's depression.

Review of suicidology: an official publication of the American Association of Suicidology.

Risk management with suicidal patients.

“Saving lives – saving futures”: a youth suicide prevention project.
New Hampshire Youth Suicide Prevention Advisory Assembly. [Concord, N.H.: The Assembly, 1996?]

Silent epidemic teen suicide.

A slender thread.

A special scar: the experiences of people bereaved by suicide.

Straight talk about teenage suicide.

Suicide.

Suicide.

Suicide [video recording].

Suicide and the elderly: a population at risk: hearing before the Special Committee on Aging, United States Senate, One Hundred Fourth Congress, second session, Washington, DC, July 30, 1996.

Suicide in inpatient settings.
Walters, Thomas. [California]: California Dept. of Mental Health; Irvine, CA: c1997.
Suicide information for teens: health tips about suicide causes and prevention: including facts about depression, risk factors, getting help, survivor support, and more.

Suicide prevention efforts to increase research and education in palliative care: report to congressional requesters.
   United States. General Accounting Office. Washington, D.C.: The Office ; Gaithersburg, MD (Gaithersburg 20846015) :The Office [distributor, c1998]

Suicide: survivors: a guide for those left behind.

Suicide survivor's handbook: a guide to the bereaved and those who wish to help them.

Suicide: tragic choice.

SuicideWise: taking steps against teen suicide.

The Surgeon General's call to action to prevent suicide.

Survivors of suicide.

Teen suicide.

Teen suicide.

Teen suicide.

Teenage suicide.

Teenage suicide the silent threat [video recording].

Teens and suicide.

Touched by suicide: hope and healing after loss.

Treating suicidal behavior: an effective, time-limited approach.
Why people die by suicide.

Why suicide?: answers to 200 of the most frequently asked questions about suicide, attempted suicide, and assisted suicide.

When living hurts: for teenagers, young adults, their parents, leaders, and counselors.

Working together against teen suicide.

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*Materials may be borrowed FREE of charge by NH residents. FRC mails items directly to individuals including a postage paid envelope for convenient returns. For further assistance, call FRC(NH) 1-800-298-4321 or Email FRC@library.state.nh.us.