



SUICIDE IN NEVADA FACT SHEET

2017

OFFICE OF SUICIDE PREVENTION (OSP) ACCOMPLISHMENTS

- Office established in State Fiscal Year 2006; Statutory Origin NRS 439.511, 439.513;
- Update of the 2016 Nevada Suicide Prevention Plan in draft;
- State of Nevada awarded over \$3 million in Federal Grants for youth suicide prevention since 2005;
- **Early Identification, Intervention, Prevention and Postvention**
 - OSP has partnered with community coalitions, school districts, Children's Mental Health Consortia, Mobile Crisis Response teams, behavioral health and primary health care providers, law enforcement, and the Children's Cabinet to provide youth Signs of Suicide screenings and assessments in various settings;
 - The Committee to Review Suicide Fatalities was established in 2013 to identify opportunities for prevention and improved communication; the CRSF develops recommendations to improve systems that impact the prevention of suicide.
 - OSP provides outreach to families, schools and communities in the aftermath of suicide, working With bereavement support groups and suicide-attempt survivors. Postvention guides available.
- **Suicide Prevention Hotline**
 - OSP partners with Crisis Call Center to implement the nation's first 24-hour, text-based crisis intervention service: *TextToday*; Calls to Crisis Call Center's Suicide Prevention Hotline continue to increase with 28,051 calls in 2009 to over 60,000 contacts for 2016.
- **Suicide Prevention Awareness, Education and Training**
 - Over **2,100** Nevadans have been trained in the Applied Suicide Intervention Skills Training (ASIST) program, which engages participants in two days of suicide-first-aid skills training;
 - Over **73,000** trained in NV Gatekeeper Training Awareness, Intervention and Postvention programs
 - Youth Mental Health First Aid offered to community partners and schools across Nevada to improve mental health literacy and reduce stigma; over 1,000 youth-serving adults trained.
- **Increase in number of local or regional groups that collaborate with the Office of Suicide Prevention to implement the state plan**
 - OSP provides ongoing technical support to eight rural prevention networks and multiple coalitions Associations and licensing boards;
 - **Twelve** County School Districts' administrators, counselors, nurses, bus drivers, school police, and teachers have benefited from the available programs and trainings provided by OSP;
 - OSP partners with Nevada Coalition for Suicide Prevention to host the "Walk in Memory, Walk for Hope" which has expanded from 1 community & 50 walkers to 14 communities and 1,750 walkers.

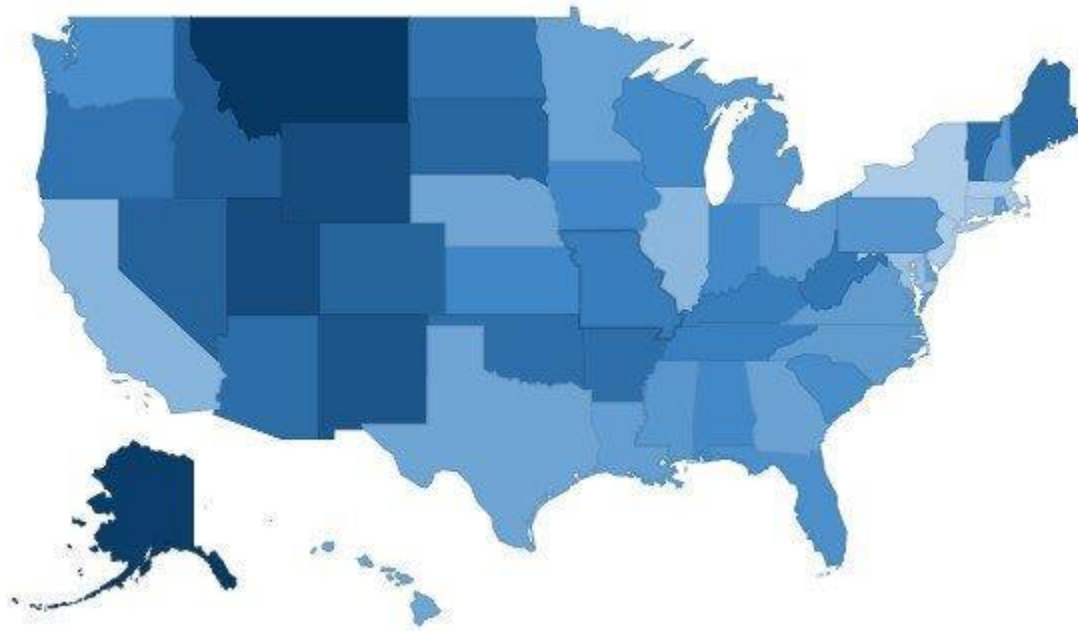
The Facts about Suicide

- Nevada has the 11th highest rate in the nation at 19.3/100,000.
- Suicide is the 8th leading cause of death for Nevadans.
- Suicide is the 2nd leading cause of death for our youth age 15-24.
- NV youth ages 15-24 were 22th highest rate in the nation for 2015 with 12.0/100,000.
- Males make up 77% of suicide deaths at a rate of 29.5 per 100,000.
- Nevada seniors over 65 have the 4th highest suicide rate in the nation, almost double the national average for the same age group.
- More Nevadans die by suicide than by homicide, HIV/AIDS or automobile accidents.
- Native American Youth have one of the highest rates of suicide.
- Firearms are used in 53% of suicide deaths.
- Female Nevada veterans are 3 times more likely to die by suicide than the general Nevada female.
- Veterans comprise an estimated 23% of all completed suicides in NV.

Source: WISQARS 2015 fatal injury data.

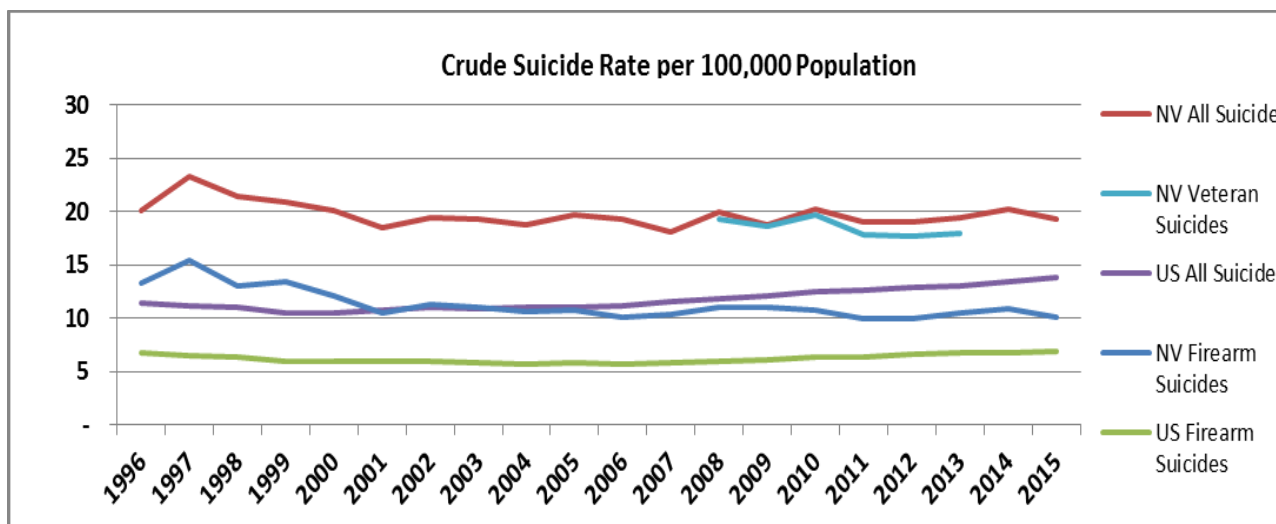
Suicide Death Rates - US 2015*

121 people per day die by suicide in the US. Imagine the horror and outrage if 100 passengers died in a plane crash every day, 365 days a year. That is the impact of suicide on our families and communities.



Nevada's suicide rate/100,000 for 2015 is 19.3 and the 11th highest rate. The US rate/100,000 was 13.8

*2015 statistics are the most current available from the CDC.

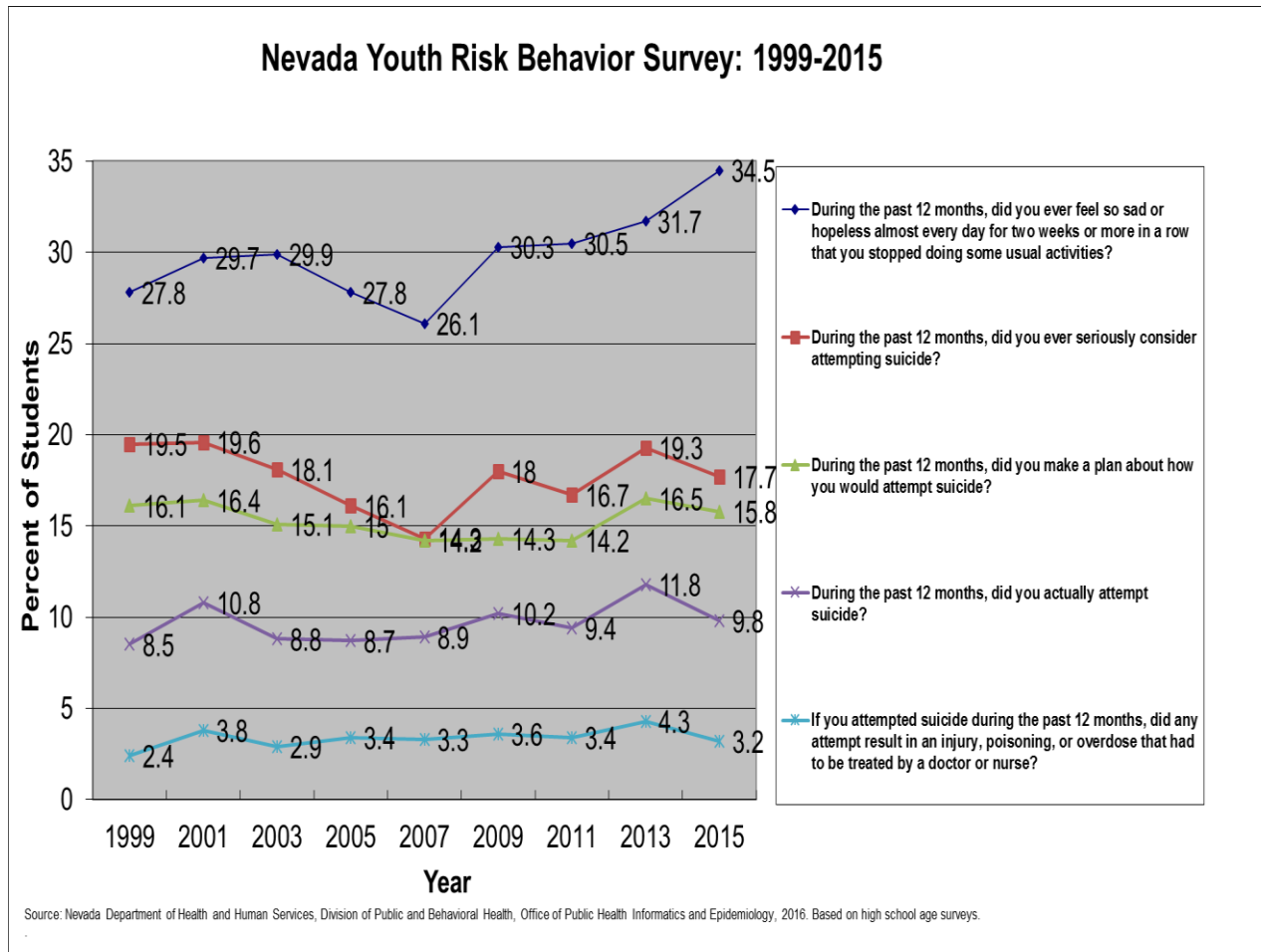


THE TOLL ON OUR YOUTH IN NEVADA

Using Youth Risk Behavior Survey rates from 2015, the following are estimated:

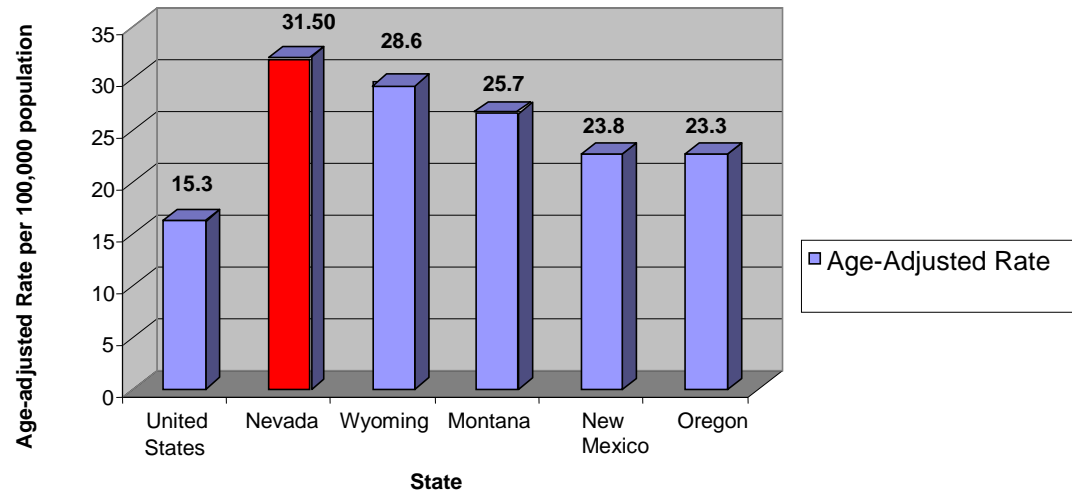
- **85,477** NV youth who felt sad or hopeless for two weeks or more**
- **43,853** NV youth seriously considered attempting suicide**
- **39,146** NV youth made a plan to attempt suicide**
- **24,280** NV youth made attempt; **777** of those required treatment by a doctor or nurse**

**Source: Calculation based on *Youth Risk Behavior Surveillance System*. Atlanta, Georgia: U.S Department of Health and Human Services, Centers for Disease Control and Prevention, Population Division, U.S.Census Bureau, 2016 estimates grades 6-12.



Nevada Seniors in Crisis

States with Highest Average Suicide Rates in the U.S from 1999-2015: Ages 65-85+



Source: CDC, National Center for Injury Prevention and Control. Web-based Injury Statistics Query and Reporting System (WISQARS) [online] (2015).

For more information about the Office of Suicide Prevention or the Nevada Suicide Prevention Plan please contact:

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Or visit our website: www.suicideprevention.nv.gov

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
TextToday: text "listen" to 839863